

## Understanding Autism & Asperger's Syndrome

There are many people in all walks of life in the community with undiagnosed Asperger's. Some people are being diagnosed in their 40s and 50s. These individuals might have spent most of their lives 'in a social shell' with out realising why they were different. Some people with Asperger's exhibit creative and special abilities. They include Nobel and Pulitzer Prize winners, film actors, filmmakers, philosophers and writers.

There is no cure for ASD, but intensive education and behavioural intervention at school and home can make drastic improvements in a student's life. Public awareness and understanding of Autism and Asperger's syndrome are limited. The chances of successful integration of a student in to the community are enhanced as our knowledge of ASD increases.

### ABOUT THE PRESENTER:



**Dr Thomas Antony, PhD, BCBA-D**  
Psychologist & Behaviour Analyst  
Hamilton, New Zealand

Thomas Antony is a Registered Psychologist (NZ) and a Board Certified Behaviour Analyst-Doctoral (USA).

Thomas' background includes working as a University Lecturer in India for 13 years and as an Autism consultant and Lead therapist in the USA for 6 years. He has received academic awards/ scholarships from Denmark, Australia and Canada.

## ENROLMENTS

*To enrol, please complete the attached enrolment form and forward with your fee to:*

*Centre for Continuing Education*  
Waikato Pathways College  
The University of Waikato  
Private Bag 3105  
Hamilton

*Call in and pay by cash, eftpos, or visa/mastercard at:*

*LAIN Reception*  
*Centre for Continuing Education*  
University of Waikato, Gate 1, Knighton Road  
Hamilton

Credit Card enrolments can be faxed to:  
(07) 858 5694

*Enrol online with creditcard at:*

[www.conted.waikato.ac.nz](http://www.conted.waikato.ac.nz)

*For further information please contact:*

Bev Collison  
[beverley@waikato.ac.nz](mailto:beverley@waikato.ac.nz)

or

Marie McConnell  
(07) 858 5055  
[marie@waikato.ac.nz](mailto:marie@waikato.ac.nz)

*Places are limited so please enrol early*

*The University reserves the right to cancel programmes which do not reach sufficient enrolment numbers. If you're not enrolled, we may not be able to contact you if programmes are cancelled.*

## Understanding Autism (ASD) and Asperger's Syndrome (AS)

*Centre for Continuing Education*  
*University of Waikato Pathways College - Hamilton*



## Enrolment Form

### COURSE TITLE:

Understanding Asperger's Syndrome  
 Understanding Autism  
 Strategies for Coping with ASD/AS

### TICK OPT.

### FEE:

\$65.00  
 \$65.00  
 \$65.00

### PAYMENT METHOD:

Cheque Enclosed  *Made payable to University of Waikato*  
 Cash   
 Credit Card

Expiry Date \_\_\_ / \_\_\_ Name on Card \_\_\_\_\_

Credit Card Number

Signature: \_\_\_\_\_

Family Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Work: \_\_\_\_\_

Please tick if you would not like to receive Information about similar courses.

**The Ministry of Education requires the following information from all participants. We can not complete your enrolment unless all sections are completed. All information is strictly confidential.**

Date of Birth \_\_\_ / \_\_\_ / \_\_\_

Gender: M  F

### Citizenship? Are you:

A New Zealand Citizen?

An Australian Citizen?

A Permanent Resident of New Zealand?

An International Student?

### What ethnic group(s) do you belong to?

You may tick up to three groups which apply to you:

NZ European

New Zealand Maori

Pacific Island

Asian

Other: Please specify \_\_\_\_\_

Occupation: \_\_\_\_\_

**Declaration:** I confirm that the above information is true and correct.

Signature: \_\_\_\_\_

### OFFICE USE ONLY

ID \_\_\_\_\_ Rec. \_\_\_\_\_

## Understanding Asperger's Syndrome (AS)

Asperger's involves problems with social interaction and restricted and repeated patterns of behaviour, interests or activities.

Asperger's syndrome is milder than autism and often referred to as a "hidden disability". Children with symptoms of Asperger's are often not diagnosed until they are 10-12 when social problems become more apparent. Most of these children have been able to manage without many noticeable problems, but their quality of life will be inferior and they will have problems in socialising.

If children are diagnosed or at least identified early during their pre-school/primary school years, they can be taught to socialise better. Some of these children will have difficulty understanding and following even the basic things that other children can grasp naturally or intuitively. Parents can teach many of the simple strategies to compensate these social difficulties, as this is not rocket science.

This workshop will provide a comprehensive understanding of Asperger's Syndrome.

**DATE:** Saturday 21 August, 2010  
**TIME:** 9.00am-5.00pm  
**VENUE:** University of Waikato  
**FEE:** \$65.00

### WHO SHOULD ATTEND:

These courses are designed for parents, people who work with children, employers, and those who want to understand more about the disorder and learn some strategies.

## An Understanding of Autism Spectrum Disorder (ASD)

Autism is defined as a developmental disability that includes traits like lack of eye contact, repetition of words or phrases, unmotivated tantrums and not being able to communicate properly.

International research studies have indicated that ASD (Autism Spectrum Disorder) is the fastest growing developmental disability. U.S. Centres for Disease Control and Prevention estimated that one out of every 150 children had some form of ASD. There are more than 40,000 people with ASD in New Zealand. It is also estimated that ASD is four times as common as cerebral palsy and 17 times as common as Down's syndrome.

This workshop aims to provide a comprehensive understanding of the identification and treatment/effective strategies for dealing with ASD.

**DATE:** Saturday 7 August, 2010  
**TIME:** 9.00am-5.00pm  
**VENUE:** University of Waikato  
**FEE:** \$65.00

## Evidence-based Strategies in the Management of Autism and Asperger's Syndrome - Intermediate Level

This workshop is aimed at intermediate level and looks to build upon the information delivered in previous two classes/workshops on Understanding Autism (ASD) and Understanding Asperger's Syndrome (AS). Prior attendance to these programmes is required. Those who have not attended previous courses but have basic knowledge/experience of ASD or AS may submit a brief CV/summary of prior knowledge for consideration by the tutor when enrolling..

**DATE:** Saturday 4 September, 2010  
**TIME:** 9.00am-5.00pm  
**VENUE:** University of Waikato  
**FEE:** \$65.00