

ASD Plus: Education for Families

An education programme for the parents and family/whanau of pre-school children with Autism Spectrum Disorder

Group programmes starting soon!

ASD Plus is funded jointly by the Ministries of Education and Health. It supports families (Mum's, Dad's, grandparents, aunts, uncles, older siblings, caregivers, and others) to learn about ASD, how it influences their child, and to develop practical strategies that will support their child's development. The programme is practical, evidence-based, supportive and individualised. It is available to all families who have a pre-school child with ASD.

The programme has seven modules, each with a focus on a different, but inter-related topic:

- ◆ Introduction to ASD
- ◆ Understanding My Child's Communication
- ◆ How My child Senses the World
- ◆ My Child's Learning Style
- ◆ Stress, Anxiety and routines – reducing child and family stress through good planning
- ◆ Understanding Behaviour – why does my child do that?
- ◆ Managing in the Future – a road map

Group programmes are planned as follows:

- ◆ Christchurch – Tuesday evening, starting 23rd February
- ◆ Christchurch – April/May (dates to be advised)
- ◆ Dunedin – February 20th, 27th, March 13th
- ◆ Invercargill - late February (dates to be advised)
- ◆ Nelson - March/April (dates to be advised)

To register interest for these programmes or to find out more about our individual family/distance learning options please contact Nic McKenzie:

Phone: (0800) ASD PLUS

Email: asdplus-education@idea.org.nz

