

NAS HELP! PROGRAMME in GREYMOUTH

Ashley Hotel, 74 Tasman Street, Greymouth

9am – 5 pm Saturday 7 November 2009

9am – 5 pm Saturday 14 November 2009

9am – 5 pm Saturday 21 November 2009

This is a Free Programme for families with a person who has ASD

**To Register please contact Michelle at Autism NZ Christchurch
Toll Free 0800 288 476 or by E mail Michelle@autismnz.org.nz**

Hope education listening positive approaches

Helping families develop understanding of autistic spectrum disorders and learn positive strategies

- Is for parents or full time carers of children aged 5+ years or in fulltime education, young people or adults who *have* a recent diagnosis of an autistic spectrum disorder.
- Aims to address the initial post-diagnostic needs of the parent, no matter what the age of the child
- Brings parents together for group training sessions
- Assists families to develop a personal profile of their child for use in any situation

The HELP programme works in partnership with parents to help:

- Understand your child's autism spectrum disorder
- Develop your child's communication
- Apply practical strategies to manage your child's behaviour.

Up to ten families can attend each programme. Sessions include presentations, group discussions and video material.

The programme aims to:

- Increase your knowledge and understanding of ASD's
- Help provide a better understanding of your son/daughter and their ASD
- Increase your knowledge and understanding of appropriate strategies to aid communication and understanding the behaviours associated with ASD
- Increase knowledge of relevant legislation
- Provide better knowledge of local services and access to these
- Increase knowledge and understanding of the roles of the professionals you may hear about